

A New Day

Transforming Mental Health Care in Ohio



New Day Ohio Update June 2007

What is “A New Day”?

“A New Day” is an initiative to ensure that adults and youth with psychiatric and emotional issues receive timely and appropriate services no matter where they arrive for services and in whatever settings they reside.

How will transformation happen in Ohio?

In October 2005, Ohio received one of nine federal Mental Health Transformation State Incentive Grant (TSIG) allocations of \$12 million over the next five years. The purpose of this grant is to transform the infrastructure of mental health services and supports to achieve the six goals and the recommendations of the President’s New Freedom Commission on Mental Health so that persons with mental illness can live, work, learn and participate fully in their communities.

How can you learn more about “A New Day”?

Visit www.anewdayohio.org for a number of materials to help consumers of mental health services, their families, advocates, mental health professionals and others learn more about transforming Ohio’s mental health system.

In this issue...

Network of Care launches around Ohio.....page 2
 NAMI applauds “Network of Care,”
 Encourages statewide partnerships.....page 2
 Marion artist exhibits artwork at Ohio Statehouse.....page 3
 Inbody named Advocate of the Year by Area Agency on Aging.....page 3
 Did you know?.....page 3
 Upcoming events, newsletter information, web links.....page 4

Network of Care being used consistently in Ohio

Ohio introduced a breakthrough Web solution for individuals, families and agencies concerned with mental and emotional wellness in mid-March. The *Network of Care for Behavioral Health* is an online resource that provides critical information, communication and advocacy tools with a single point of entry. Currently 77 of Ohio’s 88 counties have access to Network of Care.

Data for the months of April and May show consistent use of Network of Care Web sites in Ohio.

April 2007		May 2007	
Visits	12,665	Visits	11,678
Average per day	422	Average per day	376
Average visit length	18 minutes, 37 seconds	Average visit length	15 minutes, 20 seconds
Median visit length	6 minutes, 26 seconds	Median visit length	5 minutes, 52 seconds
Unique visitors	5,691	Unique visitors	5,277
Visitors who visited once	4,351	Visitors who visited once	4,396
Visitors who visited more than once	1,340	Visitors who visited more than once	881
Average visits per visitor	2.23	Average visits per visitor	2.21
Average hits per day	15,587	Average hits per day	10,236

The Network of Care sites provide comprehensive directories of service providers in each participating county, putting people in touch with the right services at the right time. Ohio consumers and families will be able to find mental health information; identify available services, supports and community resources; and keep personal records in a secure environment. A library on more than 4,000 health topics; direct links to legislators and bill tracking resources; access to low-

Continued from page 1

cost insurance programs; and support and advocacy information are all just a few clicks away on the Network of Care Web sites.

The Network of Care concept was recognized as a model program in the President's New Freedom Commission on Mental Health final report in July 2003. Funding for the new Network of Care site is being provided through Ohio's Mental Health Transformation State Incentive Grant. Ohio was one of seven states to receive a Transformation State Incentive Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) in October 2005. The grant will help Ohio in implementing a comprehensive statewide mental health plan, approved by the Governor, to improve mental health supports.

Trilogy Integrated Resources LLC, a company dedicated to improving information and communication in the health and social service fields at the community level, has developed similar sites for seniors, parents and people with disabilities.

Network of Care launches around Ohio

A statewide event and four regional events were held in March to launch Network of Care in Ohio, but many counties have also had their own local celebrations.

Recent launch events have been hosted by:

- Mental Health and Recovery Services Board of Richland County
- Paint Valley ADAMH Board
- Mental Health and Recovery Services Board of Lucas County
- Washington County Mental Health and Addiction Recovery Board



Please share Network of Care with consumers, families, providers - anyone who wants more information about behavioral health!

www.ohio.networkofcare.org

NAMI applauds "Network of Care," Encourages statewide partnerships

The National Alliance on Mental Illness (NAMI) has entered into a partnership with Trilogy Integrated Resources, creators of the Network of Care community Web sites, to familiarize NAMI members with the powerful on-line resources provided by the Network—and to promote its adoption by state and local government agencies nationwide.

NAMI's national convention in San Diego, June 20-24, 2007 will include a symposium on the Network of Care as a model program. Network resources can be reviewed at www.networkofcare.org.

"NAMI supports the Network of Care and its innovative approach to wellness and recovery through user-friendly online tools and access to timely information," said NAMI executive director Michael J. Fitzpatrick. "It is a resource that is making a difference in the lives of consumers, families, and agencies alike."

The Network of Care Web site was recognized as a model program in the *President's New Freedom Commission on Mental Health* final report in July 2003. Since then, over 300 mental health Web sites have been launched across the country, including 45 sites serving 77 counties in the

Transformation Grant state of Ohio. SAMHSA recently approved the use of Transformation Grant funds for the statewide implementation of the Network of Care, and NAMI Ohio played an instrumental role in collaborating with the state.

NAMI is the nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families living with serious mental illnesses, through research, education, support and advocacy.

"The Network of Care has specific tools in each of our mission areas," Fitzpatrick noted. "Research and education in the form of a library of over 30,000 current health articles; support in the form of a local directory of services; a secure area to keep personal records; and access to local legislative information." Now in 13 states, the Network of Care is soon to be launched in Connecticut, Rhode Island and Alaska.

"The Network of Care is consumer-friendly and culturally-responsive," he said. "It is uniquely positioned to carry out our shared vision by effectively linking consumers, family members and service providers in local communities."

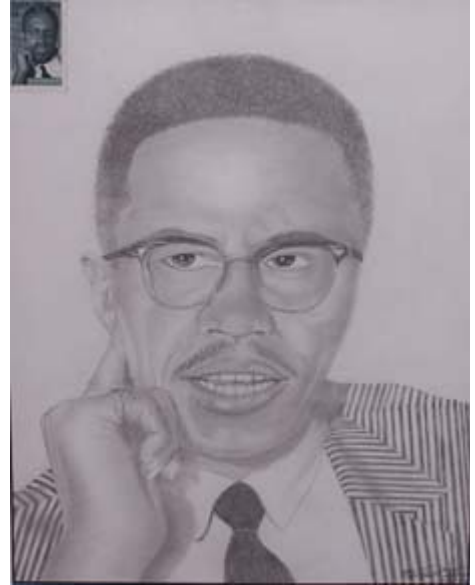
Marion artist exhibits artwork at Ohio Statehouse

VSA arts of Ohio partnered with Capitol Square Review and Advisory Board and Ohio Citizens for the Arts to host an opening reception on June 6 for the Accessible Expressions Ohio Exhibit. The exhibit was featured at the Ohio Statehouse through June 15. Michael Oliver of Marion, Ohio was one of the featured artists.

Oliver is a brain injury survivor and seeks to educate others through his art about the stigma persons with mental illness experience.

Since 1986, VSA arts of Ohio (VSAO) has provided an inclusive environment in which children and adults with disabilities are given the opportunity to celebrate life through the arts, education and creative expression.

VSA arts of Ohio programs are implemented through a statewide network of local arts, community and educational organizations. Programming includes festivals for inclusive audiences, special outreach programs to children, training to educators, artists and volunteers, arts residencies and workshops, performances, audio-description services and visual arts competitions and exhibitions. VSAO also serves as an advocate for artists with disabilities, people with disabilities, and accessibility issues.



Malcom X

Artist: Michael Oliver

Inbody named Advocate of the Year by Area Agency on Aging

Mary Inbody has received the 2007 Advocate of the Year Award from the Area Agency on Aging District 7.

Mary is Program Administrator for the Older Ohioans Behavioral Health Network, under the Ohio Association of County Behavioral Health Authorities. The Network serves as a Content Working Group for the Transformation State Incentive Grant to address behavioral health issues of older adults.



Mary Inbody

The **Older Ohioans Behavioral Health Network** is an initiative to address behavioral health needs of older adults. The mission of the Network is to be Ohio's statewide coordinating hub on older adults' mental health and substance abuse issues and information needs. The Network includes representation from state departments, statewide associations, county boards, consumers and families, older adult and behavioral health providers and other interested organizations and individuals. This consortium has completed a preliminary needs assessment on the senior population and is implementing strategies to address the needs of this vulnerable group.

Congratulations, Mary!!

Did you know?

- More than 2 million Ohioans – nearly one in five – experience some mental illness or emotional disturbance each year.
- Mental illness pervades all parts of society and presents the second largest burden on our healthcare system behind cardiovascular illnesses.
- Untreated mental illnesses cost the American economy nearly \$150 billion in lost productivity every year.
- Experts predict that within the next 15 to 20 years, growing life expectancies will result in an additional 650,000 mentally ill seniors in Ohio.
- 14 percent to 20 percent of all children have some type of emotional or behavioral disorder.
- 30 percent to 40 percent of children in Ohio's child welfare system are diagnosed with mental illness.
- An estimated 30 percent of homeless Ohioans and 40 percent of youth in the criminal justice system have a serious mental illness.
- Recovery rates for the most common mental illnesses such as bipolar disorder, major depression and schizophrenia are 80 percent, 70 percent and 60 percent, respectively, when treated – nearly the same rate of success as for medical conditions like asthma, cardiovascular disease and heart disease.

Upcoming Events

2007 Annual Forensic Conference

August 16-17, 2007 - Holiday Inn, Wilmington

This two-day conference will cover several topics of interest in the forensic mental health area. Participants will learn about sex offender treatment; jail mental health services; the post-war effects/impact on community mental health for veterans; management of juvenile sex offenders; trauma informed services; HCR-20 violence risk assessment instrument; civil commitment of sex offenders; and recent legal changes impacting forensic care. For more information, visit the ODMH Events Calendar at <http://dmhext01.mh.state.oh.us/dmh/events/Listing.nsf>.

Ohio Advocates for Mental Health Annual Meeting

August 17-19, 2007 - Sheraton Cincinnati North Hotel

“Leading the Way to Wellness” is the theme of the upcoming Ohio Advocates for Mental Health 24th Annual Meeting. For more information, visit <http://www.ohioadvocates.org>.

MACC Annual Conference

September 20-21, 2007 - Columbus State Community College

“The Road to Cultural Competence: From Increasing Awareness to Building Skills,” will be held on September 20-21, 2007 at the Columbus State Community College in Columbus, Ohio. The conference will also feature the second annual “Enlightened Kaleidoscope” Award Luncheon. For more information, visit <http://www.maccinc.net/>.

TSIG evaluation surveys

Many of you have already been contacted by Kraig Knudsen and have taken part in the second round of interviews and surveys. At press time, we have conducted over 91 interviews and sent out over 150 surveys! A number of you have returned the survey. Thank you! If you haven't returned the survey yet, please complete it at your earliest convenience and return it to Kraig Knudsen in the self-addressed stamped envelope provided with the survey. The TSIG Evaluation Team really appreciates your participation. Without your input we could not adequately evaluate the efforts that are currently underway in the Work Groups. So, remember, if you get a survey, it may take some time to fill out (approximately 15 minutes), but your input is vital to the evaluation. Without your feedback we cannot evaluate the outcomes of the transformation process or suggest ways to improve the process. If you have misplaced the survey or envelope, please contact Kraig at (614) 728-2527 or at knudsenk@mh.state.oh.us to request a new survey.

New Day Ohio Update newsletter information

The Ohio Department of Mental Health will continue to publish this newsletter on a regular basis to ensure that stakeholders are aware of the mental health transformation efforts.

The Ohio Department of Mental Health welcomes article suggestions or other pertinent information from readers of this publication, although we cannot promise to print everything submitted. Information should be timely and relevant to Ohio's mental health transformation efforts. The editor reserves the right to reject articles or save articles for a later date in order to provide a timely and informative publication. The editor reserves the right to edit the information for grammar, spelling and style without changing the intent of the author. Articles can be submitted by mail or e-mail using the contact information below.

Would you like to receive future issues of *New Day Ohio Update*? Please contact:

Ohio Department Mental Health
Attention: Laura Wentz
30 East Broad Street, 8th Floor
Columbus, Ohio 43215-3430
614-466-5145
wentzl@mh.state.oh.us

Web links

New Day Ohio Web site

www.anewdayohio.org

A New Day: Wellness For All Ohio's Comprehensive Mental Health Plan

www.anewdayohio.org/downloads/cmhp.pdf

A Mental Health Needs Assessment & Resource Inventory for Ohio

www.anewdayohio.org/downloads/nari.pdf

Ohio's Network of Care

www.ohio.networkofcare.org

Other ODMH Newsletters

www.mh.state.oh.us/communications/general/newsletters.html

Event Calendars

[New Day/transformation-related events](#)

[General mental health events](#)