

# A New Day

Transforming Mental Health Care in Ohio



## New Day Ohio Update February 2007

### What is “A New Day”?

“A New Day” is an initiative to ensure that adults and youth with psychiatric and emotional issues receive timely and appropriate services no matter where they arrive for services and in whatever settings they reside.

### How will transformation happen in Ohio?

In October 2005, Ohio received one of seven federal Mental Health Transformation State Incentive Grant (TSIG) allocations of \$12 million over the next five years. The purpose of this grant is to transform the system of mental health services and supports to achieve the six goals and the recommendations of the President’s New Freedom Commission on Mental Health so that persons with mental illness can live, work, learn and participate fully in their communities.

### How can you learn more about “A New Day”?

Visit [www.anewdayohio.org](http://www.anewdayohio.org) for a number of materials to help consumers of mental health services, their families, advocates, mental health professionals and others learn more about transforming Ohio’s mental health system.

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## Coming soon to a computer near you: Network of Care

Ohio will soon have access to a breakthrough Web solution for individuals, families and agencies concerned with mental and emotional wellness. The *Network of Care for Behavioral Health* is an online resource that provides critical information, communication and advocacy tools with a single point of entry. Beginning March 19, 43 of Ohio’s 50 ADAMH/CMH Boards will have a designated Network of Care Web site.



### Ohio’s Network of Care

[www.ohio.networkofcare.org](http://www.ohio.networkofcare.org)

The sites will enable consumers and families to find mental health information; identify available services, supports and community resources; and keep personal records in a secure environment. A library on more than 4,000 health topics; direct links to legislators and bill tracking resources; access to low-cost insurance programs; and support and advocacy information are all just a few clicks away on the Network of Care Web sites.

The Network of Care sites will provide comprehensive directories of service providers in each participating county, putting people in touch with the right services at the right time.

In addition, a couple of new features have been added. The Wellness Recovery Action Plan is a self-management and recovery system developed by people with mental health difficulties who were struggling to incorporate wellness tools and strategies into their lives. First envisioned by Mary Ellen Copeland as a way to cope with her own psychiatric symptoms, WRAP has evolved over many years and integrates a broad spectrum of experience and knowledge from many different perspectives.

Ohio has also added a special section for service members and veterans. It will provide behavioral health information and resources for military service members and veterans about how to “positively cope” with the transition back to family members, friends and the community from active military service. It also describes some of the types of behaviors and feelings that are normal combat stress reactions and where to go for help if normal stress reactions become problematic.

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The Network of Care concept was recognized as a model program in the President's New Freedom Commission on Mental Health final report in July 2003. Funding for the new Network of Care site is being provided through Ohio's Mental Health Transformation State Incentive Grant. Ohio was one of seven states to receive a Transformation State Incentive Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2005. The grant will help Ohio in implementing a comprehensive statewide mental health plan, approved by the Governor, to improve mental health supports.

Trilogy Integrated Resources LLC, a company dedicated to improving information and communication in the health and social service fields at the community level, has developed similar sites for seniors, parents and people with disabilities.

Seven board areas in Ohio already have functioning Network of Care Web sites, including Ashland, Clermont, Columbiana, Cuyahoga, Lorain, Stark, Wayne/Holmes. The sites are accessible at <http://networkofcare.org/home.cfm>. After March 19, all the participating Ohio county Web sites can be found at [www.ohio.networkofcare.org](http://www.ohio.networkofcare.org).

### **New Day Ohio Update newsletter Information**

The Ohio Department of Mental Health will continue to publish this newsletter on a regular basis to ensure that stakeholders are aware of the mental health transformation efforts.

The Ohio Department of Mental Health welcomes article suggestions or other pertinent information from readers of this publication, although we cannot promise to print everything submitted. Information should be timely and relevant to Ohio's mental health transformation efforts. The editor reserves the right to reject articles or save articles for a later date in order to provide a timely and informative publication. The editor reserves the right to edit the information for grammar, spelling and style without changing the intent of the author. Articles can be submitted by mail or e-mail using the contact information below.

Would you like to receive future issues of *New Day Ohio Update*? Please contact:

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## **Save the Date: Older Ohioans Behavioral Health Policy Institute**

Tuesday, April 10, 2007  
Columbus Renaissance Hotel, Columbus



The opening plenary will feature Julie Winokur, a freelance writer and documentary film producer whose work has appeared in *The Wall Street Journal* and *The New York Times Magazine*, among others.

She is author of the book, *Aging in America: The Years Ahead*, which was named "One of the Best Photo Books of 2003" by *American Photo Magazine* and *The Village Voice*. Winokur also produced and directed the one-hour documentary film for *Aging in America*, which has aired on more than 80 PBS stations nationwide. It received a Northern California Emmy nomination, won two Freddie Health & Medical Media Awards, and was named Best Educational Film in the Silver Images Film Festival.

Winokur and Ed Kashi, whose photographs are featured in *Aging in America: The Years Ahead*, are founding members of Talking Eyes Media, a non-profit multimedia company that uses powerful visual materials to advocate for positive social change. Winokur and Kashi's last book together, *Denied: The Crisis of America's Uninsured*, examines the plight of the millions of Americans without health coverage.

Watch for more information at [www.oacbha.org](http://www.oacbha.org)!

### **Web links**

#### **New Day Ohio Web site**

[www.anewdayohio.org](http://www.anewdayohio.org)

#### **A New Day: Wellness For All Ohio's Comprehensive Mental Health Plan**

[www.anewdayohio.org/downloads/cmhp.pdf](http://www.anewdayohio.org/downloads/cmhp.pdf)

#### **A Mental Health Needs Assessment & Resource Inventory for Ohio**

[www.anewdayohio.org/downloads/nari.pdf](http://www.anewdayohio.org/downloads/nari.pdf)

#### **Other ODMH Newsletters**

[www.mh.state.oh.us/communications/general/newsletters.html](http://www.mh.state.oh.us/communications/general/newsletters.html)

#### **Event Calendars**

[New Day/transformation-related events](#)  
[General mental health events](#)